PROVISION LIVING
Senior Living Communities

ASSISTED LIVING ACTIVITY CALENDAR

OCTOBER • SAMPLE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	**28**	**29**	**30**	**1** 9:45 a.m. Morning Brain Games 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Pre-Lunch Walk Club Travel Group! 1:15 p.m. Homemade Cookie Day! Let's Bake! 2:15 p.m. Hydration Station 3:30 p.m. Happy Hour: Magazine Madness & fresh-baked cookies! 6:00 p.m. Board, Not Bored Game Night!	**2** 9:45 a.m. You Be the Judge 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Noodle Yoga 1:00 p.m. Friday Bingo 2:15 p.m. Hydration Station 3:00 p.m. Happy Hands & Nails! 6:00 p.m. Friday Night Classic Feature: Back to the Future	**3** 9:30 a.m. Room Visits & Menu Delivery 12:00 p.m. U of M vs. Minnesota 12:30 p.m. MSU vs. Wisconsin 1:00 p.m. Game Hour 2:15 p.m. Hydration Station 3:00 p.m. Color Me Calm
4 9:30 a.m. Non-Denominational Worship & Music 10:00 a.m. Mass & Rosary 1:00 p.m. Concert Sunday: John Denver 2:15 p.m. Hydration Station	**5** 9:00 a.m. Beauty Shop 9:45 a.m. Dominoes 10:30 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Music in Motion 1:00 p.m. Monday Bingo! 2:00 p.m. Resident Council Meeting 2:15 p.m. Hydration Station 2:30 p.m. Rosary 3:00 p.m. Happy Hands & Nails! 6:00 p.m. After Dinner Trivia	**6** 9:45 a.m. Today's Current Events 10:15 a.m. Daily Chronicle & Daily Delight 10:30 a.m. Bus: Shopping - Dollar Tree & Aubree's for lunch 11:15 a.m. Pre-Lunch Walk Club Travel Group! 2:00 p.m. Science Experiments with Lois! 2:15 p.m. Hydration Station 3:30 p.m. An Afternoon with harpist - Michelle & Celebrating National Taco Day!	**7** 9:45 a.m. Morning Mingle 10:00 a.m. Chair Yoga w/ Jeanie 11:15 a.m. Volleyball 1:00 p.m. Wii Bowling 2:00 p.m. Fall Festival - festive games, treats & fun! 2:15 p.m. Hydration Station 6:00 p.m. Movie Time: Hocus Pocus	**8** 3:30 p.m. Happy Hour 9:45 a.m. Morning Brain Games 10:00 a.m. Seniorpalooza Health & Information Fair 11:15 a.m. Pre-Lunch Walk Club Travel Group! 2:15 p.m. Hydration Station 6:00 p.m. Board, Not Bored Game Night!	**9** 9:45 a.m. You Be the Judge 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Head to Toe Stretch 1:00 p.m. Friday Jeopardy 2:15 p.m. Hydration Station 3:00 p.m. Happy Hands & Nails! 3:15 p.m. Treat Trolley - coming through the halls. Listen for the music! 6:00 p.m. Friday Night Classic Feature: 9 to 5	**10** 9:30 a.m. Room Visits & Menu Delivery 1:00 p.m. Game Hour 2:15 p.m. Hydration Station 3:00 p.m. Color Me Calm 3:30 p.m. MSU vs. Indiana
11 9:30 a.m. Non-Denominational Worship & Music 10:00 a.m. Mass & Rosary 1:00 p.m. Concert Sunday: Neil Diamond 2:00 p.m. Let's Play Pinochle! There will be a leader to lead how this is played. 2:15 p.m. Hydration Station 4:25 p.m. Lions vs. Cardinals & Pizza!	**12** 9:00 a.m. Beauty Shop 9:45 a.m. Dominoes 10:00 a.m. Bus: Errand Bus 10:30 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Seated Ballet 1:00 p.m. Monday Bingo! 2:15 p.m. Hydration Station 2:15 p.m. Rosary 3:00 p.m. Happy Hands & Nails! 6:00 p.m. After Dinner Trivia	**13** 9:45 a.m. Today's Current Events 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Pre-Lunch Walk Club Travel Group! 1:15 p.m. Creative Time with Roxy: Festive "Stained Glass" 2:15 p.m. Hydration Station 3:30 p.m. Happy Hour: Left/Right/Center Game	**14** 9:45 a.m. Morning Mingle 10:00 a.m. Communion & Rosary 10:15 a.m. Daily Chronicle & Delight 11:15 a.m. Cardio Drumming 1:00 p.m. Wii Bowling 2:15 p.m. Hydration Station 3:00 p.m. Movie Time: Creature of the Black Lagoon 6:00 p.m. After Dinner Jeopardy	**15** 9:45 a.m. Morning Brain Games 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Pre-Lunch Walk Club Travel Group! 1:15 p.m. Baking Time! Mini Apple Pies 2:15 p.m. Hydration Station 3:30 p.m. Happy Hour: Chase the Ace & Apple Pie	**16** 10:15 a.m. You Be the Judge 10:45 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Noodle Yoga 2:15 p.m. Hydration Station 3:00 p.m. Happy Hands & Nails! 6:00 p.m. Friday Night Classic Feature: James Bond - Goldfinger	**17** All Day TBD: U of M vs. Penn State/ MSU vs. Northwest 9:30 a.m. Room Visits & Menu Delivery 1:00 p.m. Game Hour 2:15 p.m. Hydration Station 3:00 p.m. Color Me Calm

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 9:30 a.m. Non-Denominational Worship & Music 10:00 a.m. Mass & Rosary 1:00 p.m. Concert Sunday: Elvis Presley 2:15 p.m. Hydration Station	**19** 9:00 a.m. Beauty Shop 10:00 a.m. Classics & Crosswords w/ Assisting Hands 10:45 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Music in Motion 1:00 p.m. Monday Bingo! 2:15 p.m. Hydration Station 2:15 p.m. Rosary 3:00 p.m. Happy Hands & Nails! 6:00 p.m. After Dinner Trivia	**20** 9:45 a.m. Today's Current Events 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Pre-Lunch Walk Club Travel Group! 12:00 p.m. Walk Club Travel Luncheon "Frankenmuth" - fried chicken lunch & video tour 1:15 p.m. Crafting w/ Lois - Floral Book 2:15 p.m. Hydration Station 3:30 p.m. Happy Hour: Apple Tasting hosted by Elara Caring Hospice & Autumn Karaoke	**21** 9:45 a.m. Morning Mingle 10:00 a.m. Communion & Rosary 10:00 a.m. Pedicures with Umika - appointment necessary 10:15 a.m. Daily Chronicle & Delight 11:15 a.m. Volleyball 1:00 p.m. Wii Bowling 2:00 p.m. Bible Study with Joe 2:15 p.m. Hydration Station 3:00 p.m. Movie Time: The Sting 5:00 p.m. Italian Night Family Dinner	**22** 9:45 a.m. Morning Brain Games 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Pre-Lunch Walk Club Travel Group! 2:15 p.m. Hydration Station 3:30 p.m. Happy Hour: Matt Ball (piano) 6:00 p.m. Board, Not Bored Game Night!	**23** 9:45 a.m. You Be the Judge 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Head to Toe Stretch 1:00 p.m. Friday Jeopardy 2:15 p.m. Hydration Station 3:00 p.m. Happy Hands & Nails! 3:15 p.m. Treat Trolley - coming through the halls. Listen for the music! 6:00 p.m. Friday Night Classic Feature: Mrs. Doubtfire	**24** All Day TBD: U of M vs. Indiana/ MSU vs. UCLA 9:30 a.m. Room Visits & Menu Delivery 1:00 p.m. Game Hour 2:15 p.m. Hydration Station 3:00 p.m. Color Me Calm
25 9:30 a.m. Non-Denominational Worship & Music 10:00 a.m. Mass & Rosary 1:00 p.m. Concert Sunday: Celine Dion 2:15 p.m. Hydration Station 4:25 p.m. Lions vs. Packers	**26** All Day MONSTER MONDAY 9:00 a.m. Beauty Shop 9:45 a.m. Dominoes 10:30 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Seated Ballet 1:00 p.m. Monday Bingo! 2:15 p.m. Hydration Station 2:15 p.m. Rosary 3:00 p.m. Happy Hands & Nails! 6:00 p.m. After Dinner Trivia	**27** All Day TRICK & TREAT TUESDAY! 9:45 a.m. Today's Current Events 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Pre-Lunch Walk Club Travel Group! 1:15 p.m. Bus: Fall Leaves Drive through Kensington Park & Cider Mill 2:15 p.m. Hydration Station 3:45 p.m. Happy Hour: Halloween Karaoke	**28** All Day WICKED WEDNESDAY! 9:45 a.m. Morning Mingle 10:15 a.m. Daily Chronicle & Delight 11:15 a.m. Cardio Drumming 1:00 p.m. Wii Bowling 2:00 p.m. Ladies Halloween Tea 2:15 p.m. Hydration Station 3:00 p.m. Movie Time: Beetlejuice 6:00 p.m. After Dinner Jeopardy	**29** All Day THRILLER THURSDAY 9:45 a.m. Morning Brain Games 10:00 a.m. Communion & Rosary 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Pre-Lunch Walk Club Travel Group! 2:15 p.m. Hydration Station 5:00 p.m. Kinwell Halloween Party!	**30** All Day FREAKY FRIDAY! 9:45 a.m. You Be the Judge 10:15 a.m. Daily Chronicle & Daily Delight 11:15 a.m. Noodle Yoga 2:15 p.m. Hydration Station 3:00 p.m. Happy Hands & Nails! 6:00 p.m. Friday Night Classic Feature: Freaky Friday	**31** All Day HAPPY HALLOWEEN! 9:30 a.m. Room Visits & Menu Delivery 1:00 p.m. Game Hour 2:15 p.m. Hydration Station 3:00 p.m. Color Me Calm 3:00 p.m. Halloween Movie: Practical Magic & Halloween Treats!