

# Sample Menu

\*Menus may vary by community.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Choice of Fresh Fruit Belgian Waffle Choice of Breakfast Meat Eggs of Choice Maple Butter Syrup Juice of Choice Coffee/Tea	Choice of Fresh Fruit Bacon Cheesy Scrambled Egg Choice of Hot Cereal Wheat Toast Juice of Choice Coffee/Tea	Choice of Fresh Fruit Bacon Eggs of Choice Toasted English Muffin Hashbrowns Jelly Juice of Choice Coffee/Tea	Choice of Fresh Fruit Banana Nut French Toast Sausage Links Maple Syrup Juice of Choice Coffee/Tea	Choice of Fresh Fruit Biscuits and Sausage Gravy Bacon Hashbrowns Juice of Choice Coffee/Tea	Choice of Fresh Fruit Ham & Cheese Omelet Hashbrowns Wheat Toast Juice of Choice Coffee/Tea	Choice of Fresh Fruit Blueberry Pancakes Bacon Maple Syrup Juice of Choice Coffee/Tea
<b>Lunch</b>						
Provision Salad Fried Chicken Baked Sweet Potato Honey Butter Southern Green Beans Honey Wheat Dinner Roll Black Forest Cake Coffee/Tea	Provision Salad Pork Chop w/Mushroom Gravy Bread Stuffing Dilled Carrots Choice of Roll Cherry Berry Coffee Cake Coffee/Tea	Creamy Cole Slaw BBQ Ribs Corn on the Cob Baked Beans Cornbread Sour Cream Orange Cake Coffee/Tea	Provision Salad Meatloaf Red Skin Mashed Potatoes Brown Gravy Roasted Brussels Sprouts Choice of Roll Peanut Butter Brownies Coffee/Tea	Provision Salad Turkey Cacciatore Angel Hair Pasta Garden Grilled Vegetables Garlic Toast Double Chocolate Trifle Coffee/Tea	Breaded Catfish Dill Tartar Sauce Macaroni & Cheese Mandarin Cole Slaw Hushpuppies Raspberry Whip Coffee/Tea	Caesar Salad Spaghetti Sauce w/Meatballs Spaghetti Noodles Buttered Breadstick Parmesan Cheese Tiramisu Cake Coffee/Tea
<b>Dinner</b>						
Soup of the Day Turkey Milan Club Italian Pasta Salad Pickled Beets Coconut Cream Pie Coffee/Tea	Chicken Salad on Croissant Waldorf Salad Fried Okra Coffee/Tea	Mini Burgers Sweet Potato Fries Sandwich Garnish w/Pickle Carrot Cake Coffee/Tea Soup of the Day	Salad Spinach Strawberry FE Lemon Turkey Rice Soup Peach Fruit Cobbler Southern Style Biscuit Coffee/Tea	Soup of the Day Smokey Ham Melt Macaroni Salad Peas & Carrots Coffee/Tea Coconut Cream Pie	Grilled Chicken Breast Fillet Baked Potato California Vegetable Blend Choice of Roll Chocolate Satin Pound Cake Sour Cream and Chives Coffee/Tea Soup of the Day	Papa Piggy Tomato Cucumber Salad BBQ Potato Bacon and Corn Salad Root Beer Float Coffee/Tea

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Choice of Fresh Fruit Cinnamon Roll Choice of Hot Cereal Bacon Juice of Choice Coffee/Tea	Choice of Fresh Fruit Bacon Cheesy Scrambled Egg Hashbrowns Raisin Toast Juice of Choice Coffee/Tea	Bacon Choice of Fresh Fruit Buttered Waffles Eggs of Choice Maple Syrup Juice of Choice Coffee/Tea	Choice of Fresh Fruit Hashbrowns Ham & Cheese Breakfast Sandwich Juice of Choice Coffee/Tea	Choice of Fresh Fruit Eggs of Choice Choice of Breakfast Meat Hashbrowns Choice of Toast Juice of Choice Coffee/Tea	Choice of Fresh Fruit Choice of Breakfast Meat Biscuits and Sausage Gravy Hashbrowns Juice of Choice Coffee/Tea	Blueberry Swirl Coffee Cake Choice of Fresh Fruit Cream of Wheat Choice of Breakfast Meat Juice of Choice Coffee/Tea
<b>Lunch</b>						
Provision Salad Herb Baked Chicken Quarter Scalloped Corn Green Beans Southern Style Biscuit Apple Crisp Coffee/Tea	BBQ Pork Sandwich Potato Tots Creamy Cole Slaw Choice of Cookie Coffee/Tea Soup of the Day	Provision Salad Pot Roast Roasted Carrots Roasted Red Potatoes Choice of Roll Lemon Meringue Pie Au Jus Coffee/Tea	BBQ Chicken Sweet Potatoes Creamed Spinach Black Eyed Peas Cheesy Cornbread Bake Strawberry Pretzel Squares Coffee/Tea	Homemade Tortilla Chips and Salsa Beef Taco Salad Sour Cream Cinnamon Streusel Coffee Cake Coffee/Tea	Provision Salad Country Fried Steak Mashed Potatoes White Pepper Gravy Sauteed Asparagus Southern Style Biscuit Peanut Butter Brownies Coffee/Tea	Provision Salad Hawaiian Ham Pineapple Rice Pilaf Sauteed Summer Squash Spring Roll Banana Pudding Coffee/Tea
<b>Dinner</b>						
Soup of the Day Roast Beef & Provolone Sandwich Onion Rings Pickled Beets Banana Split Coffee/Tea	Seasoned Beans w/Ham Bits American Fried Potatoes Cornbread Tapioca Pudding Tomato Slices Coffee/Tea Soup of the Day	Chicken Caesar Salad Garlic Herb Breadstick Chocolate Fudge Cupcake Coffee/Tea Soup of the Day	Ham & Cheese Quiche Vegetable Chowder Coconut Cake Coffee/Tea	Provision Salad Monte Cristo Sandwich Broccoli Rice Au Gratin Honeydew Cherry Chocolate Bar Coffee/Tea	Tuna Melt on Rye Fried Okra Corn O'Brien Banana Split Dessert Coffee/Tea Soup of the Day	Soup of the Day OF Hot Roast Beef Sandwich Red Skin Mashed Potatoes Peas & Carrots Rainbow Sherbet Coffee/Tea

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<b>Breakfast</b>						
Choice of Fresh Fruit Ham & Cheese Omelet Hashbrowns White Toast /Wheat Toast Juice of Choice Coffee/Tea	Choice of Fresh Fruit Choice of Bagel Cream Cheese Oatmeal Juice of Choice Coffee/Tea	Choice of Fresh Fruit Banana Nut French Toast Bacon Maple Syrup Juice of Choice Coffee/Tea	Choice of Fresh Fruit Assorted Donut Eggs of Choice Bacon Juice of Choice Coffee/Tea	Choice of Fresh Fruit Bacon Biscuits and Sausage Gravy Hashbrowns Juice of Choice Coffee/Tea	Choice of Fresh Fruit Oatmeal Muffins Banana Berry Strawb/Vanilla Yogurt Juice of Choice Coffee/Tea	Choice of Fresh Fruit Buttered Waffles Sausage Links Maple Syrup Juice of Choice Coffee/Tea
<b>Lunch</b>						
Provision Salad Roast Turkey Cran-Apple Stuffing Green Bean Casserole Choice of Roll Peach Pie Gravy Coffee/Tea	Provision Salad Hamburger Steak Sauteed Onions Mashed Potatoes Brown Gravy Roasted Brussels Sprouts Lemon Cake Coffee/Tea	Provision Salad Chicken Florentine Rice Pilaf Garden Grilled Vegetables Choice of Roll Strawberry Shortcake Coffee/Tea	Provision Salad Ranch Pork Chop Roasted Red Potatoes Flavorful Green Beans Choice of Roll Blueberry Cobbler Coffee/Tea	Provision Salad Sweet & Sour Chicken Fried Rice Oriental Vegetable Blend Spring Roll Sugar Cookie Coffee/Tea	Dill Tartar Sauce Beer Battered Fish Corn on the Cob Creamy Cole Slaw Hushpuppies Butterscotch Brownie Parfait Coffee/Tea	Provision Salad Choice of Roll Spiced Apple Swedish Meatballs Egg Noodles Beef Sherry Gravy Broccoli & Cauliflower Cherry Crisp Coffee/Tea
<b>Dinner</b>						
Diced Pears Breakfast Casserole Raisin Toast Coffee/Tea	Coney Island Hot Dog Tater Tots Three Bean Salad Coffee/Tea Chocolate Chip Cookie Sandwich	Soup of the Day Ham & Potato Au Gratin Zucchini & Tomatoes Cornbread Apple Dumpling Coffee/Tea	Soup of the Day Tuscan Turkey Sandwich Parmesan Pea Salad Peanut Butter Pie Coffee/Tea	Soup of the Day Meatloaf Mashed Potatoes w/Gravy Cracked Wheat Bread Peas & Carrots Banana Split Coffee/Tea	Soup of the Day Spring Chicken Very Berry Salad Club Crackers Double Chocolate Trifle Coffee/Tea	Soup of the Day Reuben Sandwich Sweet Potato Fries Pickled Beets Coffee/Tea German Chocolate Cake

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<b>Breakfast</b>						
Choice of Fresh Fruit Buttermilk Pancakes Breakfast Ham Slice Maple Syrup Juice of Choice Coffee/Tea	Choice of Fresh Fruit Cheese Omelet Biscuits and Gravy Juice of Choice Coffee/Tea	Choice of Fresh Fruit Eggs of Choice Bacon Fried Corn Meal Mush Juice of Choice Coffee/Tea	Choice of Fresh Fruit Buttered Waffles Sausage Links Maple Syrup Juice of Choice Coffee/Tea	Choice of Fresh Fruit Eggs of Choice Assorted Yogurt Blueberry Muffin Square Juice of Choice Coffee/Tea	Choice of Fresh Fruit Cinnamon French Toast Sausage Patty Maple Syrup Juice of Choice Coffee/Tea	Choice of Fresh Fruit Choice of Breakfast Meat Eggs of Choice Hashbrowns Wheat Toast Juice of Choice Coffee/Tea
<b>Lunch</b>						
Mushroom Gravy Provision Salad Salisbury Steak Red Skin Mashed Potatoes Peas & Carrots Southern Style Biscuit Chocolate Mousse Coffee/Tea	Provision Salad Maple Glazed Chicken Roasted Butternut Squash Sauteed Spinach Dinner Roll Pineapple Upside Down Cake Coffee/Tea	Provision Salad Beef Burgundy Red Bliss Potatoes Roasted Zucchini Carrot Cake Coffee/Tea	Provision Salad Baked Glazed Ham Baked Sweet Potato Butter Cinnamon Honey Green Beans Choice of Roll Raisin Rice Pudding Coffee/Tea	Provision Salad Chicken and Dumplings Mixed Melon Salad Bacon & Cheddar Hominy German Chocolate Cake Coffee/Tea	Provision Salad Fantail Breaded Shrimp Cocktail Sauce Scalloped Potatoes Zucchini & Summer Squash Hushpuppies Cherry Cake Coffee/Tea	Provision Salad Roast Pork Red Potatoes with Herbs Roasted Carrots Fried Apples Choice of Roll Cherry Fruit Cobbler Coffee/Tea
<b>Dinner</b>						
Soup of the Day Cottage Cheese & Ham Sld Plate Crackers Ambrosia Salad Angel Food Cake w/ Strawberries Coffee/Tea	Chunky Vegetable Soup Saltines Harvest Turkey Salad Croissant Coffee/Tea Key Lime Meringue Pie	Chicken & Mandarin Orange Salad Buttered Breadstick Lemon Cookie Coffee/Tea	GT White Chicken Chili Cheese Quesadilla Corn & Red Pepper Salad Coconut Cream Pie Coffee/Tea	Soup of the Day Smoked Sausage on Bun Sauerkraut Waffle Fries Tapioca Pudding Coffee/Tea	Soup of the Day Choice of Pizza Italian Pasta Salad The Champ Cone Coffee/Tea	Soup of the Day Philadelphia Cheese Steak Sandwich Onion Rings Three Bean Salad Oreo Cookie Blondies Coffee/Tea