

## **DAILY SELECTIONS**

 SPAGHETTI W/MEAT SAUCE

 OVEN FRIED CHICKEN QUARTERS

BREADED COD

 HERB ROASTED POTATOES

 FIELD PEAS

 STEAMED BROCOLI

***SOUP & SALAD  
OR  
SOUP & SANDWICH***

***ICED TEA/LEMONADE/COFFEE/JUICE/MILK***

***(WHOLE, 2% & SKIM MILK AVAILABLE)***

 ***INDICATES DISH IS PREPARED HEART HEALTHY  
UPON REQUEST***

## ***LUNCH & DINNER OFFERINGS***

### **SOUP & SALAD**

 CHICKEN SOUP

LOADED POTATO SOUP

 TOSSED GREEN SALAD W/CHOICE OF DRESSING  
(FAT-FREE ITALIAN, RANCH, HONEY MUSTARD, THOUSAND ISLAND, BALSAMIC  
VINAIGRETTE)

 PEARS & COTTAGE CHEESE

### **ENTREES**

 SALAD TRIO PLATE

(FRESH FRUIT, WALDORF CHICKEN SALAD, MIXED GREENS  
W/VINAIGRETTE)

BLT SANDWICH W/ FRUIT

 GRILLED CHICKEN BREAST

ALL AMERICAN HOT DOGS

 ALL AMERICAN HAMBURGER/FRUIT

CHOICE OF CHILLED SALAD ON CHOICE OF BREAD  
(CHICKEN SALAD, EGG SALAD, PIMENTO CHEESE)

GRILLED CHEESE W/ FRUIT

 TURKEY OR HAM ON WHEAT

CHICKEN TENDERS

### **DESSERT**

APPLE PIE

ICE CREAM / SHERBET  
(SUGAR FREE VANILLA NOW AVAILABLE)

 JELL-O / APPLESAUCE

## **DAILY SELECTIONS**

 GRILLED CHICKEN BREAST

CAJUN PORK CHOPS

 SHRIMP DIVAN

 DIRTY RICE

OKRA & TOMATOES

 MEDITERRANEAN ROASTED VEGETABLES

***SOUP & SALAD  
OR  
SOUP & SANDWICH***

*ICED TEA/LEMONADE/COFFEE/JUICE/MILK*

*(WHOLE, 2% & SKIM MILK AVAILABLE)*

 ***INDICATES DISH IS PREPARED HEART HEALTHY  
UPON REQUEST***

## ***LUNCH & DINNER OFFERINGS***

### **SOUP & SALAD**

 CHICKEN SOUP

CREAM OF BROCCOLI

 TOSSED GREEN SALAD W/CHOICE OF DRESSING  
(FAT-FREE ITALIAN, RANCH, HONEY MUSTARD, THOUSAND ISLAND, BALSAMIC  
VINAIGRETTE)

 THREE BEAN SALAD

### **ENTREES**

 SALAD TRIO PLATE  
(FRESH FRUIT, WALDORF CHICKEN SALAD, MIXED GREENS  
W/VINAIGRETTE)

BLT SANDWICH W/ FRUIT

 GRILLED CHICKEN BREAST

ALL AMERICAN HOT DOGS

 ALL AMERICAN HAMBURGER/FRUIT

CHOICE OF CHILLED SALAD ON CHOICE OF BREAD  
(CHICKEN SALAD, EGG SALAD, PIMENTO CHEESE)

GRILLED CHEESE W/ FRUIT

 TURKEY OR HAM ON WHEAT

CHICKEN TENDERS

### **DESSERT**

CARROT CAKE

ICE CREAM / SHERBET  
(SUGAR FREE VANILLA NOW AVAILABLE)

 JELL-O / APPLESAUCE

**DAILY SELECTIONS**

**CHICKEN & DUMPLINGS**

 **HEARTY MEATLOAF**

**BBQ RIB SANDWICH**

**CREAMED NEW POTATOES**

 **GREEN PEAS & PEARLS**

 **STEAMED VEGETABLES**

***SOUP & SALAD***  
***OR***  
***SOUP & SANDWICH***

***ICED TEA / LEMONADE / COFFEE / JUICE / MILK***

***(WHOLE, 2% & SKIM MILK AVAILABLE)***



***INDICATES DISH IS PREPARED HEART HEALTHY  
UPON REQUEST***

***LUNCH & DINNER OFFERINGS***

**SOUP & SALAD**

 **CHICKEN SOUP**

 **SOUTHWEST CHICKEN & RICE**

 **TOSSED GREEN SALAD W/CHOICE OF DRESSING**  
(FAT-FREE ITALIAN, RANCH, HONEY MUSTARD, THOUSAND ISLAND, BALSAMIC VINAIGRETTE)

**AMBROSIA**

**ENTREES**

 **SALAD TRIO PLATE**  
(FRESH FRUIT, WALDORF CHICKEN SALAD, MIXED GREENS W/VINAIGRETTE)

**BLT SANDWICH W/ FRUIT**

 **GRILLED CHICKEN BREAST**

**ALL AMERICAN HOT DOGS**

 **ALL AMERICAN HAMBURGER/FRUIT**

**CHOICE OF CHILLED SALAD ON CHOICE OF BREAD**  
(CHICKEN SALAD, EGG SALAD, PIMENTO CHEESE)

**GRILLED CHEESE W/ FRUIT**

 **TURKEY OR HAM ON WHEAT**

**CHICKEN TENDERS**

**DESSERT**

**CHOCOLATE DIRT**  
**ICE CREAM / SHERBET**  
(SUGAR FREE VANILLA NOW AVAILABLE)

 **JELL-O / APPLESAUCE**

## **DAILY SELECTIONS**

### **FRIED CATFISH PLATE**

(CATFISH, HASH BROWN CASSEROLE, COLESLAW,)

♥ COUNTRY BAKED HAM

♥ CHICKEN SALAD & FRUIT PLATTER

**HASH BROWN CASSEROLE**

♥ GLAZED BEETS

♥ SPECKLED BUTTER BEANS

***SOUP & SALAD***

***OR***

***SOUP & SANDWICH***

***ICED TEA/LEMONADE/COFFEE/JUICE/MILK***

***(WHOLE, 2% & SKIM MILK AVAILABLE)***



***INDICATES DISH IS PREPARED HEART HEALTHY  
UPON REQUEST***

## ***LUNCH & DINNER OFFERINGS***

### **SOUP & SALAD**

♥ CHICKEN SOUP

FRENCH ONION SOUP

♥ TOSSED GREEN SALAD W/CHOICE OF DRESSING  
(FAT-FREE ITALIAN, RANCH, HONEY MUSTARD, THOUSAND ISLAND, BALSAMIC  
VINAIGRETTE)

♥ COLE SLAW

### **ENTREES**

♥ SALAD TRIO PLATE

(FRESH FRUIT, WALDORF CHICKEN SALAD, MIXED GREENS  
W/VINAIGRETTE)

BLT SANDWICH W/ FRUIT

♥ GRILLED CHICKEN BREAST

ALL AMERICAN HOT DOGS

♥ ALL AMERICAN HAMBURGER/FRUIT

CHOICE OF CHILLED SALAD ON CHOICE OF BREAD  
(CHICKEN SALAD, EGG SALAD, PIMENTO CHEESE)

GRILLED CHEESE W/ FRUIT

♥ TURKEY OR HAM ON WHEAT

CHICKEN TENDERS

### **DESSERT**

ASSORTED DESSERTS

ICE CREAM / SHERBET

(SUGAR FREE VANILLA NOW AVAILABLE)

♥ JELL-O / APPLESAUCE

## **DAILY SELECTIONS**

 BEEF LIVER W/ ONIONS

CHICKEN CORDON BLU

 TUNA SALAD PLATE

RICE & GRAVY

 BRUSSEL SPROUTS

 BUTTERED CARROTS

***SOUP & SALAD  
OR  
SOUP & SANDWICH***

***ICED TEA/LEMONADE/COFFEE/JUICE/MILK***

***(WHOLE, 2% & SKIM MILK AVAILABLE)***



***INDICATES DISH IS PREPARED HEART HEALTHY  
UPON REQUEST***

## ***LUNCH & DINNER OFFERINGS***

### **SOUP & SALAD**

 CHICKEN SOUP

CORN CHOWDER

 TOSSED GREEN SALAD W/CHOICE OF DRESSING  
(FAT-FREE ITALIAN, RANCH, HONEY MUSTARD, THOUSAND ISLAND, BALSAMIC  
VINAIGRETTE)

 BROCCOLI SALAD

### **ENTREES**

 SALAD TRIO PLATE

(FRESH FRUIT, WALDORF CHICKEN SALAD, MIXED GREENS  
W/VINAIGRETTE)

BLT SANDWICH W/ FRUIT

 GRILLED CHICKEN BREAST

ALL AMERICAN HOT DOGS

 ALL AMERICAN HAMBURGER/FRUIT

CHOICE OF CHILLED SALAD ON CHOICE OF BREAD  
(CHICKEN SALAD, EGG SALAD, PIMENTO CHEESE)

GRILLED CHEESE W/ FRUIT

 TURKEY OR HAM ON WHEAT

CHICKEN TENDERS

### **DESSERT**

BANANA PUDDING

ICE CREAM / SHERBET

(SUGAR FREE VANILLA NOW AVAILABLE)

 JELL-O / APPLESAUCE